

MBOCKY

NR. 10, GERMANY, JULY 2020

WASTING
TIME
.....
.....
VS
.....
.....
INVESTING
TIME

HE BEATS
ME UP BUT I
CAN'T STOP
LOVING HIM

ACTIVE
LIBIDO IS
GOOD
FOR YOUR
HEALTH!



THE GENIUS OF
MRS JOYCE FOY
WITH **GLAM**
PHOTOS/BOUTIQUE



Joyce foy

Dear Women in general and African Women in particular, we are capable of doing whatever we set our minds to. We have been called names like “gold diggers” for too long now. So I think it’s time for us to change that narrative and show the world what we are made of. You don’t have to start big; go to school if you can, if not learn a trade like makeup, hair dressing, tailoring, acting, modeling, etc and step out with confidence because we run this World!



04



THE AFRICAN WOMAN : FUTURE OF A WHOLE CONTINENT

06



ACTIVE LIBIDO IS GOOD FOR YOUR HEALTH

12



HOW TO COMMUNICATE EFFICIENTLY?

18



INTERVIEW WITH JOYCE FOY AKA

ACTIVE LIBIDO IS GOOD FOR YOUR HEALTH

22



HE BEATS ME UP BUT I CAN'T STOP LOVING HIM.

26



6 THINGS TO DO BEFORE YOU START INVESTING

CONTENTS

THE AFRICAN WOMAN : FUTURE OF A WHOLE CONTINENT

“Tropicalist” Pierre Gourou's assertion that "Women are Africa's beasts of burden" is only a reflection of the grim reality that still prevails on the African continent today. In fact, many findings reveal that most young African girls are trained from the age of four to assist their mothers in domestic and agricultural chores to provide for the economy of the family unit. In addition to this enslaving exploitation, African women still suffer many tribulations on a daily basis, such as gender-based violence, early and/or forced marriages and mutilation. Despite the efforts of the African continent to give women a share of power and a space to express their freedom, women remain, in most cases, under the influence of male hegemony and prejudices, which unfortunately reduce if not maintain them to the status of subordinates in a society where they do not hesitate to sacrifice their own dignity and life. Admitting that women empowerment plays a key-role in the development of the African continent sharply contrasts with the still perceptible hesitation of many African governments to give them a real place for debate on common problems faced by the continent, and in the implementation of plans in fighting for the emergence of a committed, dynamic and autonomous Africa.



However, it goes without saying that the dynamism and genius of African women in general, and that of black African women in particular, so often squeezed by discriminatory social conventions and an inferiority complex skilfully maintained by traditions that are not very open, need more than ever to be revealed to the world. Indeed we believe in the diversified strength of the African woman. Moreover, we believe that it is high time to awaken African women's awareness hindered by complex and fear of daring, which are embroiling in the incredible power of the woman, to the detriment of an entire continent. Hence our motivation and determination to reveal

African women creativity and entrepreneurship which are still very little known, and to inspire those who, through ignorance or inertia, resign themselves to accepting their chronic identity as prisoners of the fields, pot-players, and child-makers, to name but a few of the most devaluing clichés that are often used to identify African Women beyond the borders.

Mbocky Magazine commits with women and for women, in a world and an era where lagging behind or on the margins of entrepreneurship means living in a world that moves forward without us. The woman, in addition to being the great mother and wife that society recognizes, is the channel of development through which Africa and the world will pass. To this end, we offer her a privileged platform on which she can showcase her talents to the entire universe.

The Editor-in-Chief
Pulcherie D. Ngo Nlen-gui



PenjoStudios



ACTIVE LIBIDO IS GOOD FOR YOUR HEALTH !

*M*odern society by promoting and protecting rights and freedoms usually encourages both genders to sexual freedom. In fact, libido-related topics are addressed without complex, by both men and women, adults and teenagers, sex specialists, doctors and journalists, to name but few. Eventually, the word “libido” is heard everywhere when it comes to sexuality and sexual behaviour.

NB : LIBIDO stands for “BURNING DESIRE”.

Larousse defines libido as

“all the sexual or sex-related phenomena that can be observed in the living world”, “etymologically, the word libido means violent desire ...libido globally designates sexual appetite...” (Futura-sciences.com). So, it is actually just a part of sexuality, which corresponds to sexual desire or sexual appetite. This is still different from the act or intercourse, that is, what this violent urge suggests. Therefore, we will deal as much with this desire as with the act to which it leads by insisting on their benefits on the one hand, and their limits on the other.

AN EFFECTIVE DRUG WITHOUT HARMFUL SIDE EFFECTS

The first point on which there is general agreement among experts regarding the benefits of active sexuality is wellbeing. Indeed, sexual fulfillment would have antidepressant and even tranquilizing effects for those who achieve it. In addition, one's self-image and self-confidence would be enhanced. Moreover, sexual intercourse should be considered a sport. As such, it keeps you fit and even allows you to lose extra weight. In fact, ten minutes of the said activity could allow to get rid of 50 calories, and at the same time to evacuate toxins.

Have you been under stress or overwork? Is the recent proceedings in your business delayed? Are you an employee who are sometimes slow to relax? Do you have kids that make you see green and not ripe? Just thinking about it would give you a headache? Don't panic! Our experts offer you the ideal solution. Indeed, the endorphins released during the sexual act favors relaxation (goodbye anguish, stress and anxiety!), but not only. It can also remedy headache through reducing pain.



It's also good for the heart, sleep and memory!

By accelerating heart rate, sexual intercourse has another positive effect: stimulating blood circulation. So, thanks to oxytonine (the happiness hormone) and melatonin produced by having a good time, you can finally sleep without being haunted by the accounting of that puzzling file still in your office. Besides, your memory would become better, no matter how old you are. Performance guaranteed!



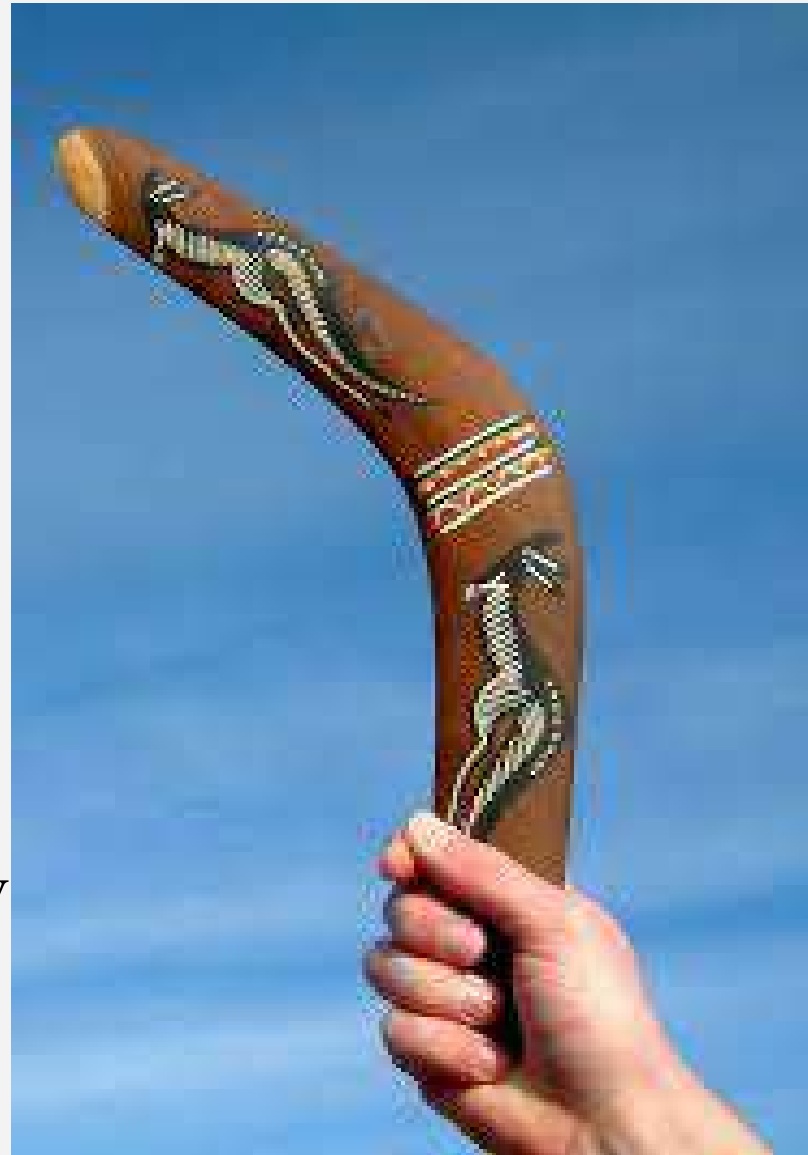
SO, IS IT NECESSARY TO ALWAYS SATISFY ONE'S LIBIDO?

Upon considering only the benefits of sexual intercourse, some fall into excess. It's called "hypersexuality". This consists of a permanent search for sexual pleasure. For women, in this case, it's called nymphomania. Behind this pretty term (related to the word "nymph" which is the name attributed to the Greek subaltern deities and means "young girl of marriageable age"), lies a disorder that has its share of harmful consequences. This inabil-

ity to control libido can lead to sexually transmitted infections. In fact, those who fall under hypersexuality may be more likely to engage in unprotected sex with strangers and or unfamiliar people. Moreover, they are rarely, if ever, safe from physical injury.

BOOMERANG EFFECT

It is worth noting that all the harmony, well-being and productivity on both the intellectual and professional levels mentioned above can evaporate in a nymphomaniac life, because financial difficulties, bad reputation and emotional instability could occur when one engages frenetically and regularly in sexual games (without limit), this without any commitment, and far from the benefits of the stability of the couple.



We therefore agree with distinguished experts on the multiple benefits of sexual activity. Nevertheless keep in mind that sexual intercourse is a sacred act for it leads to the reproduction of our noble species that is the main channel of human life. So, we cannot conclude this analysis without emphasizing that a healthy engagement relationship remains the ideal.

By **NGO MBOUA CHARLIE.**







HOW TO COMMUNICATE EFFICIENTLY?

One thing that is useful to us in all areas of life is knowing how to communicate. In fact, communication is part of our daily life. We communicate with our spouse, our children, our fami-

ly, our colleagues at work, etc. However, we do not only need to communicate; we need to communicate efficiently. Some situations require us knowing how to communicate. But it is not always easy to know how to interact in the best way. Our daily interactions involve people with different behaviors, cultures, educations, ages, etc. And our communication should adapt to each of these aspects in order to be successful.

Here are a few tips on how to communicate better. These are simple tips that do not require any specific knowledge, or enormous efforts.

Take time to listen to the speaker

It is true that the basis of communication is to listen to what the other person wants to tell us. But there is a fundamental difference between listening to what he wants to share between two doors, and listening while sitting around a coffee or a table. Not only are you better able to listen and take into account what is said to you when you take the time to really listen, but also, the person you are talking to can feel your interest. And the more they feel they are being listened to, the more comfortable they will be in talking to you about what makes them happy, sad, anxious... Your discussion will start off on the right foot.





Dare to express your emotions

There are two scenarios for you to be led to talk about yourself, about what you feel, about your emotions: either you initiate the discussion, or the discussion provokes things in you, or requires you to talk about yourself. The important thing to do in communicate better is to what you feel deep do not have to be emotions. It is natural to have feelings and if you feel what you feel, chances are you have good reasons to do so. You will come out of this discussion lighter. Avoid feelings of frustration. You will be open to future communication.



trying to communicate better is to dare to talk about down inside. You are not ashamed of your completely natural about a situation,



Beware of non-verbal language

Sometimes it is difficult to talk, or make the person you are discussing with to talk. If the conversation is relatively stressful, it can be difficult to conduct and may cause negative feelings in the person you are talking to. However, you can anticipate his state of mind by observing his gestures, expressions, etc. in short, his non-verbal language. For example, you can detect gestures that show his anguish, stress, fear, etc. You can then change your tone, your own non-verbal language, in order to conduct your discussion properly. Non-verbal language is a good indicator of how a conversation is going: it allows you to feel if the situation is starting to get out of hand, or if it is calming down.

Do not minimize emotions

Discussion is a good time for your interviewer to share his or her most intimate emotions with you. It is important to know that sharing emotions is not a pleasant thing for anyone. For instance, the worst thing to do would be to laugh in front of your listener, to tell him or her that what he or she is feeling is not legitimate. In order to communicate better, you must first of all be able to understand that the other person may feel emotions that seem incomprehensible, exaggerated, or illegitimate to you, while not denigrating them. Otherwise, you risk closing the person you are talking to.

Be open

The last piece of advice we can give you is to be open-minded, so that the person in front of you feels confident enough to be able to tell you what he or she needs to say. If, on the other hand, you are closed-minded, the person in front of you may not dare to talk to you. But it is also possible that the discussion may not end well, and may leave unfavorable marks between you and the person you are talking to.

To sum up, communication is essential for all of us and requires a little practice to communicate effectively and efficiently. By implementing these few tips, you will communicate more successfully without necessarily having pre-acquired psychological knowledge. These are tips that simply call upon your empathy.

By Ashley Mbock

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INTERVIEW WITH JOYCE FOY AKA



Mbocky Magazine : Can you introduce yourself in a few words ?

Joyce : My name is Joyce foy Aka ; Glam Queen is my business name. I am from Bamenda in Cameroon. I am a nurse and a photographer by profession. I am also a business woman (fashion retailer), and the promoter of other African talents and businesses. I live in the USA .

M. : What motivated you to start your projects ?

J. : My family has always been my greatest motivation in whatever projects I start. My late father was a very hardworking man. I saw him working non stop to provide for his family. My mother also has been of a great impact. She was a seamstress, and i always enjoyed modelling her design and jewelry. Unfortunately, i wasn't able to pursue my fashion design dream. So, I setteled for a fashion boutique (Glam Boutique) to sell clothes, shoes, jewelry, purses and sunglasses. My photography business raised from my passion for taking pictures. As far as my training as a nurse is concerned, i ow it to my mother's poor health. In short, every member of my family including my lovely husband and my children, has positively influenced my projects.



M. : What is your philosophy of entrepreneurship ?

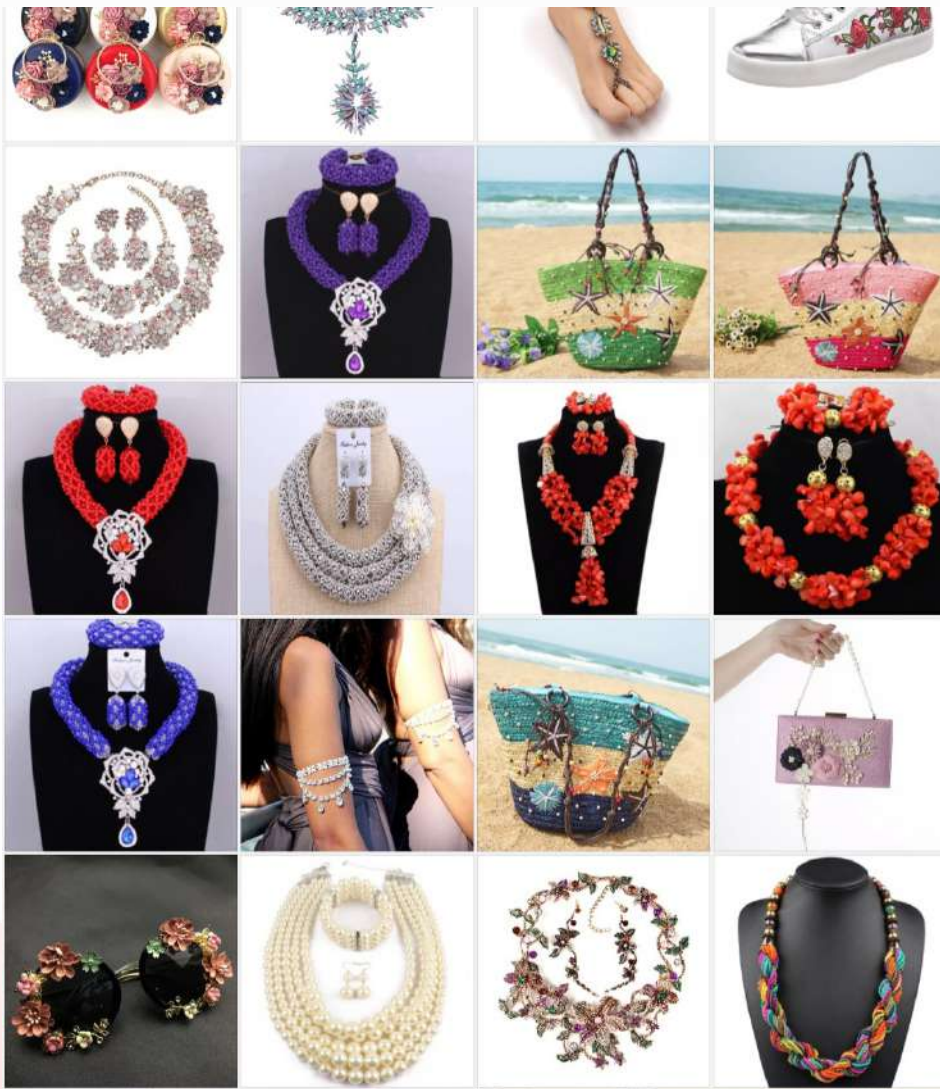
J. : *Entrepreneurship is not for the faint hearted. It requires a lot of patience and hardwork, as there are no guarantees in business. One day you could make a million, and the next day you could go bankrupt. So you have to be strong and accept all the challenges and benefits that come with it.*

M. : What do you think is the hardest part in attempting to start such projects like yours ?

J. : *Fear of failure is always the hardest part of starting a project. I didn't have any capital to start doing business. Moreover, i applied for a loan and was rejected, and that alone discouraged me. Fortunately, my family stepped in to support me with some money to add on what i already had.*

M. : What empowering message do you wish to convey to women as a whole, and to the African Woman in particular ?

J. : *Dear women in general and African women in particular, we are capable of doing whatever thing we set our minds to. We have been called names like « Goald diggers » for too long now. So, i think it's time for us to change that narrative, and show the world what we are actually made of. You don't need to start big. Go to school if you can. If not, learn a trade like makeup, hairdressing, tailoring, acting, modeling, etc. and step out with confidence because we run this world.*



Glam Boutique



M. : How can you be reached by potential clients ?

J. : *The following media are available for that purpose :*

FASHION BOUTIQUE

FB : Glam Boutique

Instagram : @glamqueenstyle

PHOTOGRAPHY

FB : Glam Photo0

Instagram : @glamphotos01

PROMOTION (Glam Media)

<https://www.facebook.com/glammediallc/>

M. : Thank you for having answered our questions

J. : *You are welcome !*



FREDASH



HE BEATS ME UP BUT I CAN'T STOP **LOVING HIM.**

Irene, a 30-year-old woman has been suffering domestic violence from her fiancé for 10 years. Her story is all about a young couple who met at university, and quickly fell in love. Together, they went through common difficulties any couple in their twenties and from low-income families can encounter. The people who rubbed shoulders with them at a distance were full of admiration, thanks to the bluff effect of social networks which rather showed them the image of a young successful couple, with two

beautiful children aged 2 and 8, just as like as their parents. But the closest family and friends who had had to spend time at home knew that Ulrich could easily get angry over trivial matters. One of his little sisters, for example, still remembered that he hit her until she fainted for not getting the lunch he wanted. Considering the past ten years only, one will unfortunately find many cases similar to the above. Sometimes Irene hid her bruises behind make-ups, while still finding strength to stay, and could not stop loving

the caring man she had known in her twenties.

According to ici.radio-canada.ca website,

Nearly one out of three women worldwide has experienced physical or sexual violence from her partner...The highest rates of spousal violence are found in sub-Saharan Africa and Southeast Asia. About 37% of women in these regions suffer violence from their spouse, with peaks as high as 78% in some Central African countries.

To remedy the situation, messages warning and supporting victims are usually published on social networks, such as the slogan “at the first blow, run away!” This usually appears on young women’s pages, accompanied by shock-

INFORM THOSE AROUND YOU AND RECORD EVIDENCE

The very first step to take when being vic-



ing images of women being tortured, seriously injured, or burned (sometimes with acid!), as a result of blows. Similarly, Internet sites offer couples of publications to raise women’s awareness on violence they suffer from their partners. According to some of these platforms, most of the victims are reluctant to leave their tormentors due to the total control the latter has on them. Other sites suggest useful strategies to get away from an abusive spouse, in addition to legal advice on the subject. Such advice is highly relevant, especially in this period of containment where cases of domestic violence have increased in Europe. Such advice must have saved more than one life already, especially for those who have ended their relationships with violent spouses.

tim of your partner’s violence is to warn your loved ones (family and friends) ,and/or your neighborhood in order to protect yourself in case you really feel in danger. This way, whatever the outcome of the situation, these people can intervene in your favor. If necessary, take refuge with them. Whatever the circumstances, put yourself in a position where you can reflect calmly on the situation. In any case, as ellesimaginent.fr indicates, “... it is necessary to quickly keep evidence of the violence you have suffered from, because messages can fade away, bruises can disappear, and witnesses can forget. Thus, the first step is to build up a file: printing messages or SMS, collecting testimonies, doctors’ certificates, photos, recordings...it is useful to note precisely the facts to remember the details of the aggressions. “

GIVE FIRST PRIORITY TO COMMUNICATION AND THEN OBSERVE

According to the same site,

"...There is rarely any emergency to file a complaint, except in cases of imminent danger, of course..."

Another useful advice, especially for African families: seek a seat between your family and that of your spouse. This has several advantages. Indeed, it shows your desire to preserve and repair your little family, while preserving cohesion between the two relatives and your in-laws. In addition, this will awaken any rational man who will then feel ashamed to find himself in such a situation. What's more, such an act would allow certain masks to be removed.

You should indeed, depending on the reaction of either party, note down some elements that will help in making your final decision. In this regard, there are certain concerns you may consider. First, does your own family (or neighborhood) agree or disagree with calling in your partner and his or her family? If not, you may have to consider that these people will not accompany you in a real restoration of stability in your home. "



Secondly, if your relatives are in favor of calling your in-laws, the reaction of the latter (including that of your spouse) should also be considered very seriously. If your in-laws reject any idea of confrontation with your family, this should make you understand that for them, your partner's act is perfectly normal, and that they would never intervene to stop him from torturing you. Otherwise, they themselves will consider reframing him severely, so that he renounces such acts. If your partner's family is willing to sit down and he is not, this may mean that he feels no guilt about his reaction. Yet, according to a survey we conducted, no rational man wants to hit his wife. In fact, 37% of them (precisely from Central Africa, the area most concerned by this phenomenon) do not envisage the slightest circumstance that could lead them to be violent. While the remaining 63% admit that it can happen either as an impulsive reaction of self-defense, or to preserve their pride, or because their religion allows and "codifies" this practice as allowing them to act out of anger... In any case, none of them admits wanting to become violent. In any case, none of them admits that they want to become violent, and for all of them, beatings only have their place in man-to-man confronta-



tions, the woman being automatically weaker in their eyes.

In addition, in the case of a sitting, the reactions of others should also shed some light on the situation. Indeed, the various parties may present themselves without really being determined to solve the problem. So, continue to observe each other's actions. Remember we are talking about cases of serious and proven domestic violence, situations where the danger for the victim is evident. Such a case should leave no one unmoved.

To sum up, if you love your partner so much that you do not want to part with him or her, use all possible means to record traces of violence, talk to your relatives, inform your in-laws, and ask for a family base. It is worth noting that in some societies, tradition recommends informing the spouse's family first, and to resort to one's own family only when the first step proves to be without positive results. This way, you will have more elements to take into consideration. One of the advantages of getting closer to one's own family for reflection is that one may get more objective opinions than one's own, when one is still looking at things with passion. These opinions, combined with your own ideas, should enable you to make a wise decision. Don't forget that your neighborhood is made up, a priori, of people who could be the most affected if something bad happened to you. The opinion of your loved ones is therefore to be taken seriously, although the final decision is yours. Just as you are free to choose your partner, the final decisions, even after the opinions of your loved ones have been heard, are up to you alone.

Last but not least: **make decisions keeping in mind that you will always be the first person to suffer the consequences!**

By Charlie Ngo Mboua

6 THINGS TO DO BEFORE YOU START INVESTING



Getting in to start investing for me is very important. This can definitely help you grow your wealth. However, you can end up in chaos if don't use caution in planning and starting your investment.

Whether you want to invest and you're still hesitating, or you have started and still

wonder if you'll meet your goals, this article will be perfect for you, because it'll help you see the six most important things you need to make sure you do before you start investing.

Number One: Build an Emergency Fund

One of the topics I talk about and which i believe is crucial in starting a business is to have an emergency fund. Before you decide to start investing and take any extra money you're making in your job or in your side hustle and invest it in the stock market, you need to make sure that you have something stashed aside that is in a little more liquid place like savings accounts in case you have emergencies.

Emergency saving funds are so important and they are something people talk about a lot in the personal finance world. The reason is that most people can't handle a \$500 emergency fund, If they just live their life and something pops up like a car breaks down, or something happens in their home, or someone gets sick and this requires \$500, they typically have to go to some sort of debt in order to pay that bill, or they just don't pay the bill. We probably don't want this to happen. That's why we struggle to have about one month's worth of fixed living expenses stashed aside in an emergency saving fund, just to get started. By so doing, you'll build up to either three months, six months or even nine months, whatever is most comfortable for you.

Number Two: Pay down Debt

I personally think that it is crucial to completely pay down any debts may have before investing. This can be done from a debit card. This doesn't mean you can't have a balance on your credit card. If you do pay down your debts in full and on time every single month, use credit cards in case you are comfortable using them, and you're pretty good at managing them. But if you have credit card debts where you're only making minimum payments, and there's a balance carrying from month to month, you need to get that to zero, because that debt is racking up a seriously high-interest rate that is working against you. So if you're not considering paying that off, and instead you're investing well, you're getting yourself in a kind of pickle hoping that investing will outperform the rates on your credit cards and throughout history with a passive investing strategy, the one I teach well, they haven't. So you really want to make sure you pay off any credit card debt, and you're not carrying any credit card debt. Before you start investing, you

may also need to consider paying off any other debt that has an interest rate of over 6%.

Number Three: Define Goals & Priorities

Having a really good strategy and a good plan of paying off any debts that you have before you really go into investing, you can still invest and pay off such debts as your student loan, or a mortgage ; even an auto loan, as long as those interest rates are lower than the 6%. You can come up with a game plan to split your excess funds, and go towards paying down that debt, and also investing for your future. It is a funny game ; we play this personal finance money game, and it's all very personal to us. Therefore, you really have to define goals and priorities, and you have to decide what you prioritize, more being debt-free or investing for your future. You can do both, but I would recommend at least making your minimum monthly payments, of course and hopefully having a really good plan and a debt reduction strategy, so that you make sure you will be debt-free as soon as possible.

Number Four: Know Your Case Flow

Another important think you may consider doing before you start investing is to make sure that your short-term goals are met, or make sure the case flow you need to pay within the next one to three years are already being prioritized. So must have been saving for them before you use this money to invest. What I mean here is that you probably have some short-term money means within the next year, or maybe three years from now. You will need a larger sum of money to pay for something like a deposit on a new flat which they will move into. Or maybe every six months, you have to pay for your car insurance premium if you're not paying for it on a monthly basis. Maybe next year you know you will get married, and you want to save up for all the costs that come with planning a wedding. These are all expenses that we potentially face in our lives, and we know we will face them in a short time period. Then you need to make sure that you are prioritizing some money to be saved for these expensive things before you really put all your money away in the financial market. The reason is that when we invest it is typically a long-term game, and we should not invest any money that we will need within the next three years. We should keep in mind that investing comes with risk; so jot down all of your short-term money goals or any short-term expenses that you will face within the next one year or beyond into three years, and make sure you have the money or you prioritize and create a saving plan and set money aside for those things before you think about investing the rest.

Number Five: Track Your Net Worth

The fifth thing to do is racking your net worth before you start investing, and this has to do with understanding the risks involved. When you invest your money, you're not guaranteed to have that money available to you, when you know the time comes when you will pull that money out. The value of your money invested will fluctuate; it will go up and down because you're actually purchasing shares of companies. Considering that investing does involve risk, you can lose some of the money you initially invested. However, and this is important, your investments can't go negative. So you can never owe money to someone unless you do track your net worth or some more technical and advanced things that I wouldn't



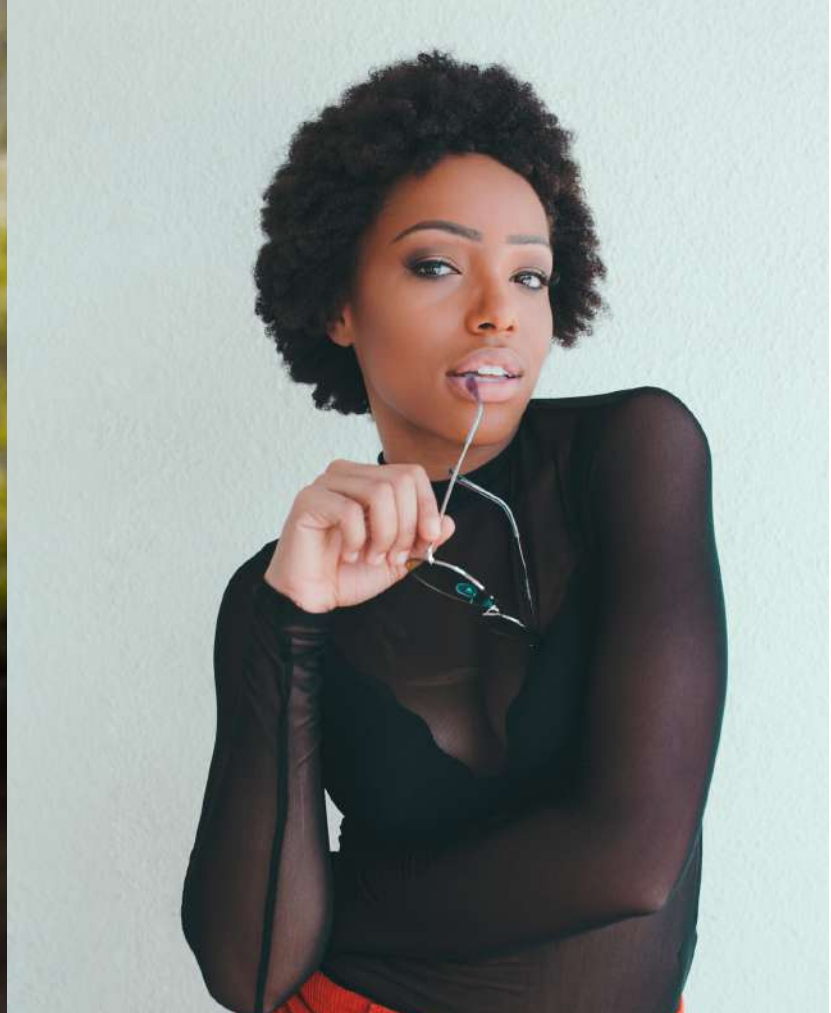
recommend doing. However, there is a cool part about investing involving risk; it is that you can also have the opportunity to make more money, and when you make more money through investing, it is called passive income, meaning your money is going to work for you, and you get to sit on the sidelines and sip your martinis or whatever drink you may want. I prefer coffee, but at the end of the day it is just so important to understand that there are risks investing your money and that leads me to...

Number Six: Understand the Basic

The last but not the least thing you should consider doing before you start investing is to of course getting educated. This will definitely help you understand the basic of the risks involved in the investing world, and use those risks to your advantage so that you can invest with confidence and knowledge. The good news is that there are tons of free education out there for you to start investing and wonderful books and courses.

All in all, investing is such a cool thing and which is funny when you finally understand the basic and know what you're doing, and when you understand how the financial markets work and you have good strategy and plan to move forward in your investing life. However, there are, of course, things you'll want to do before you start investing and which hopefully I have covered and made very clear for you in the above list. If you want to expand your investing knowledge, stay tuned with mbocky. I can't wait to see you there! Don't forget to like and share the magazine with your friends.

By: Ashley Mbock



Wasting Time Vs Investing Time

Not all uses of time are equal, and this simple truth can make a big difference in life. People who spend their time doing more profitable work make more money. People who spend their time investing in others build better relationships. People who spend their time creating a flexible career enjoy more freedom. People who spend their time working on high-impact projects contribute more to society. Whether you want more wealth, more friendship, more freedom, or more impact, it all comes down to how you spend and value your time. If you're like me, you probably want the things listed above (friendship, freedom, impact), and others too (health). But you can't have everything at once, so you need to understand how to effectively manage the tradeoffs that you face on a day-to-day basis. This article explains how to figure out what your time is worth and use that information to spend your time more effectively. Understanding how to get the most out of your time starts with knowing—in exact terms—what your time is worth.

Watching Netflix Vs Video Course

Watching tv series on Netflix is like a rat running inside the wheel. It is a Good thing to Entertain yourself wasting time through watching other people's work, but Entertaining yourself by doing the real things in real life is a big difference. Most people are watching Netflix all day as there is no finish line of those Web Series, Movies, and Tv series. Some people are producing those movies and earning money with, while and you and me are just there watching their work. Instead of watching Netflix, you can use your time to learn something real. If you want, you can also make those videos you are watching now, or you watch some video tutorials that will teach you some real-world things which may help you make some by applying those Knowledge. There are 1000 free video courses out there online ; you can watch them. Make Some Money by applying that knowledge. You also get a certification which will further help you get a job. So Don't waste your time ; intertain by doing some real-life work.

Too Much Video Games Vs Networking

here people who did not have the opportunity of playing Video Games in their Childhood. There are also many teenagers who have become addicted to itese games. Just imagine how many hours you have been wasting by playing Video games and wasting lots of money. I know most people will say "Who counts those hours and those bills man ?" but I'm telling you not just spending your time by playing a video game, you also wasting your Chance of earning lots of money by the time you have wasted playing video games day and night. You Could have learned some Good thing besides playing a video. If you had spent some time networking for example, you could have been the next Mark Jukerburg, and you Could have built a Social Network to play the same video games or social media, investing your time in something good. Just look at Facebook and others, how much they are making by using peoples like us. So Don't Waste your time anymore. There are lots of chances to make things better than what you have done before ; you just have to grab it and go with it.

Too Much Social Media Vs Improve/ learn Skill

Social Media Like Facebook, Twitter, Instagram and forums like Quora and other like YouTube, Daily Motion, we are using those websites to communicate with each other. We always post some videos or photos and stories, and updates from our daily lives. Actually People like us just share our everything

on that platform wasting ours valuable times. Through this, some people just invest their time with those informations to market their business by just learning some tactics and skills.

You can create a blog, connect with Facebook, and earn some money publishing some posts on it as you are normally doing now. You can become a Social media Marketing Manager and get hired by some company, or you can start your own Business. You may not earn too much money, but you can Make it instead of just using Youtube and Daily Motion for fun. Not only are they using your work, they are also making lots of money out of it. So don't just let them use it ; make them pay for it, and earn some extra money by learning some skills besides using these social media and forums.

Comparing yourself Vs Build a Side-Hustle

Comparing yourself with others will never make things right ; it will create chaos instead. If you dare to ask the magic mirror, "Mirror !! Mirror !! Tell me who is the best of this thing and that thing", You can end up doing the listing. Don't worry, you just have to pick the right things from what you can find in your life, and build your new life. Nature will make you the best if you follow them properly. So, don't compare yourself and don't waste your time with practically experiencing everything, because there are lots of people Who have done that already.

Complaining Vs Reading Books

Complaining isn't the right thing for all the time. Complains Come from questioning things all the time. There are lots of examples While Some people are complaining about something in this main time, others find out the Solution to it. Those people who don't waste their time in Complaining always have success and they will be loved/ liked by all. Let me remind you something : when we were in Primary School, We always found some problems, and we asked the teacher or our parents for the solution. If our parents/ teachers were not prepared for this, they took time and found out the solution for us. Later, we understood where they found those solutions for us. Maybe they came from books or from the web. So, When you get any problem in your mind, your first step will be to think by yourself and find the solution , instead of complaining. y doing this, you can become the smart one or Who knows you can find something new!!!!

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