

# MBOCKY

**BACK TO  
SCHOOL  
CORONA  
STYLE**

**6 HABITS  
THAT KEEP  
YOU  
BROKE**

**I DON'T  
LOVE HIM,  
BUT I  
MARRIED  
HIM**

**CERVICAL  
SCREENING**

**MS. FADIMA  
DIAWARA,  
DESIGNER OF  
THE AFRICAN  
SMARTPHONE  
KUNFABO**



Woman, never give up! Even if those around you don't care about your dreams, you have to persevere. AND be passionate in everything you do. If you have an idea, don't wait for the right moment because it is the best way to fail.

*Fadima DIAWARA*



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Germany

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# THE AFRICAN WOMAN:

WIFE, MOTHER AND ENTREPRENEUR: THE CHALLENGES OF A HEROINE.



The construction of a developed nation cannot be achieved without the help of women. In fact, the evolution of the world with technological progress sufficiently demonstrates the imperative need for women's participation in sustainable development. However, there are still many obstacles to the consideration of women in general, and African women in particular, as actors in development, such as the low schooling rate of young girls, forced marriages, early pregnancies, etc., despite the efforts made by public authorities and the international community to enhance their status and fundamental rights in society.

However, the fight is not completely in the wind because more and more voices are being raised through NGOs, associations, civil societies for a wide coverage of women in the economic, political and social life of the countries from which they originate; Reasons for which there are more and more women who are campaigning for their empowerment through work, hence their interest in the entrepreneurial sector whose activities are most envisaged are food processing, aquaculture, crafts and, closer to us, digital and digital.

However, no one would have omitted the primary role of the African woman in society as a mother and wife because she is the one who assists her husband in the day-to-day management of the household, she is also the one who looks after the education, health and well-being of her offspring. In fact, there are still questions about the challenges facing women in reconciling family and professional life, in particular;

*What measures and provisions should the public authorities take in order to put an end to the under-schooling of young girls when we know the role that school plays in an individual's life?*

*How to put a definitive end to forced marriages and early pregnancies?*

*And what kind of supervision could enable these women to acquire employment quickly?*

*What forms of support should be given to these women who have chosen to dedicate themselves to their family life while having a decent job?*

**MBOCKY MAGAZINE**, as the voice of African women, encourages women to get involved in entrepreneurship in order to bring innovative solutions, generate jobs, and finally to better develop their significant potential.

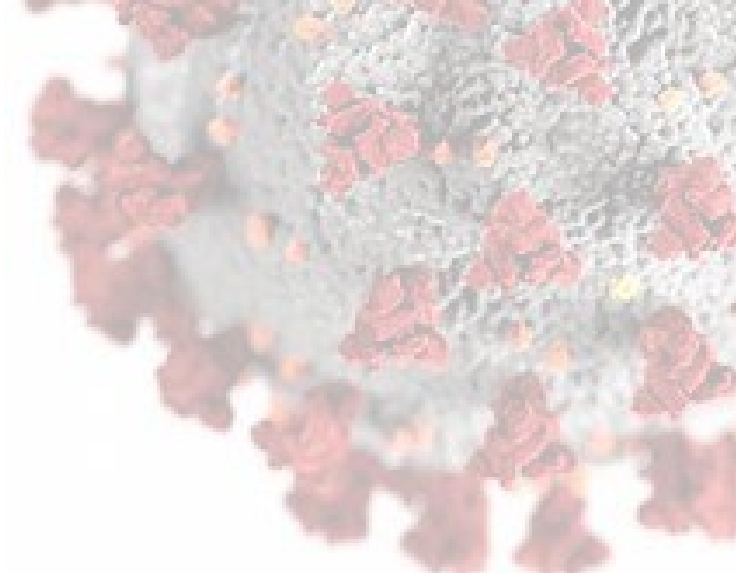
It is with these words that the team wishes you a pleasant month of October.

***By Dominique Ekwe***

# CORONA *STYLE* SCHOOL START

While in some parts of the world the chimes for the start of the 2020/2021 school year began to ring out as early as 1 September 2020, in others, especially on the African continent, classes are scheduled to resume in early October. However, the Education and Health Communities remain committed to facing the COVID 19 pandemic, which is now part of our daily lives.

In fact, some parents, at the dawn of this school year, are still dragging their feet in the preparations: bookshops, supermarkets, markets, and shops are still empty as compared with previous years. This is obviously due to the fact that the discovery of new Coronavirus clusters makes population feel pessimistic about the serene resumption of classes.



Nevertheless, if parents remain dubious, schoolchildren, high school and college students can't wait to get back to the school environment, after seven long months of holidays imposed on them by the pandemic. For this school year, friends, comrades and colleagues will not experience the warm hugs of past years, but rather a new way of expressing the joy of reunion: the "Corona" way! If schoolbags, canteens and other items used to be used only for school supplies, from now on, masks, protective visors and hydro alcoholic gels will be part of the "Must have" for this new 2020/2021 season.

While hoping for better days regarding the global health situation with the reduction of clusters and positive COVID 19 cases, as well as a speedy return to the normal, MBOCKY MAGAZINE strongly recommends that parents and supervisors continue to be made aware of the importance of respecting the barrier measures given by government and health authorities, as these remain the only alternatives to the regression of COVID 19.

Let's not forget that health, just like education, is vital in the process of sustainable development of a nation; and this will only be made possible in concert with the youth who represent the spearhead of the nation.

The Mbocky team wishes you all the best for the school year 2020/2021.

***By Dominique EKWE***

Afristyle

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**Mindset**

**Six habits that will  
keep you broke.**

Being broke is the biggest hurdle and worrisome thing in your life. If you don't have money, you always think of arranging money for paychecks and bills. However, this ongoing thought will never let you live happily. So, if you want to spend a happy life then learn some habits to grow. However, by adopting the

right practices, you can achieve your dreams without worrying about the future. Above all, rich people have different habits. So, we only need to change the practices that are the reason to keep our pocket empty. However, in this writing, we will guide you about the habits that you should leave.

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## Habits that play a vital role in keeping you broke.

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*“Set goals, stay focused, and it will ultimately help you to grow rich.”*

So, here the habits that are pushing you towards failure. If you don't want to face the worst situation, then try to change these.



## They don't talk about money.

It is a fundamental thing to understand that the mind strives for the idea that you think. If you are thinking about positivity, energy, and money, then you will work for that. Spend the cash after proper planning and keep track of your finances. If you know the sources of money, it will be easy for you to make a budget.

# Failing to build an emergency fund

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*“Save money, and money will save you.”*

Saving isn't just a word; it is a whole thought that keeps you safe from being broken. So, spend wisely and save money for rainy days. As we know that life is uncertain, and we can't predict the unfortunate. So, that's why it is vital to keep yourself ready for the worst. In short, an emergency is your companion in tough times, and you can easily manage your life in an uncertain situation. So, always keep something behind that you can use in the worst times.

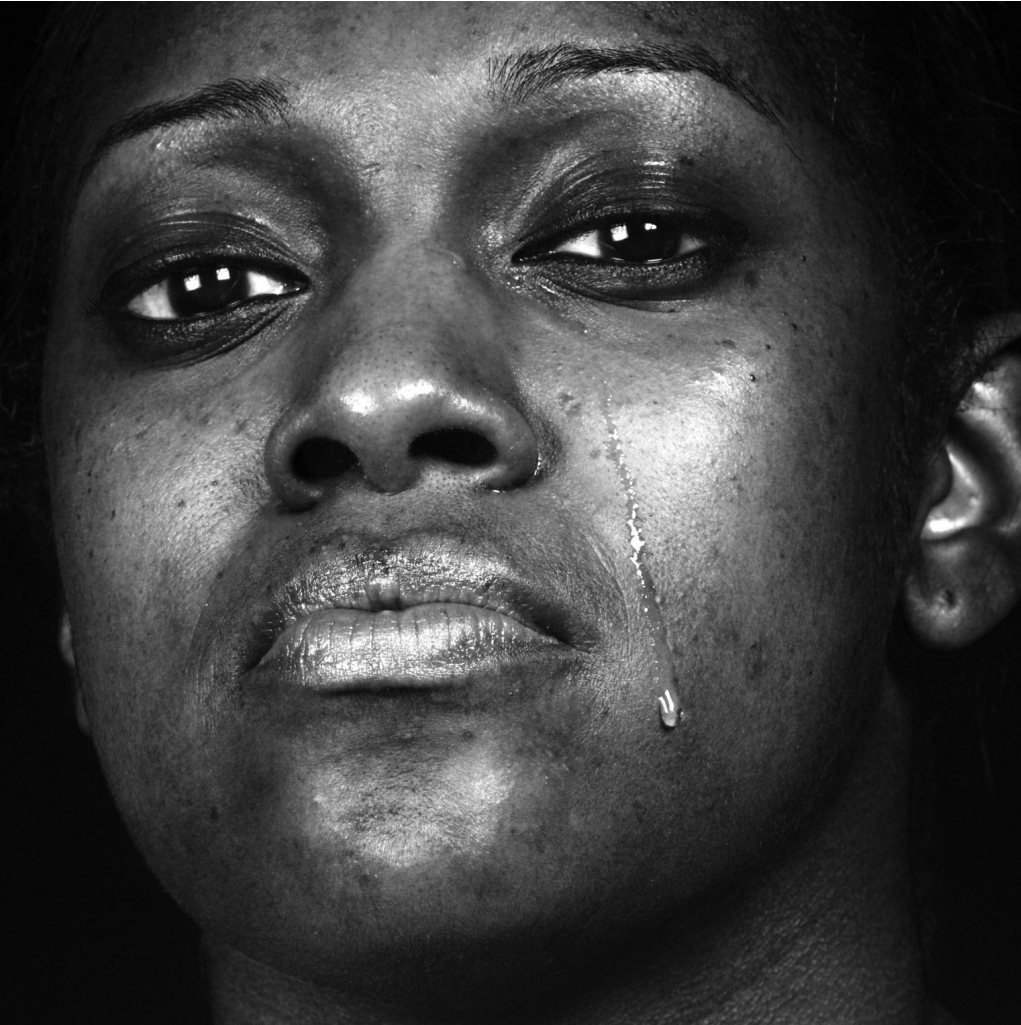
# Making impulsive purchases

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Rich people don't ever go behind their wishes. They spend money with proper planning on the thing that they need most. If we look critically, then it is the right approach to spend a life. If you are struggling to build your career, then don't spend without planning. However, always take a move after planning even if it's related to buy a dinner set or any other household item.

# Buying items that you do not need

People who make unnecessary and unwanted purchases always stay broke. So, to avoid buying unwanted things, stay away from the window shopping. If you go for window shopping and purchase items that you don't need, then it is worst. In this way, you are wasting your money on things that you can't afford. In short, you prefer to spend on something that you need most.



## Paying bills late

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Budget making is another excellent habit that helps to keep you away from being broke. However, if you pay bills late, then you can't manage the monthly budget properly. So, you can keep things on track with proper planning. It is good to save at least 20% of your income after meeting all basic needs.

# Improper use of credit card

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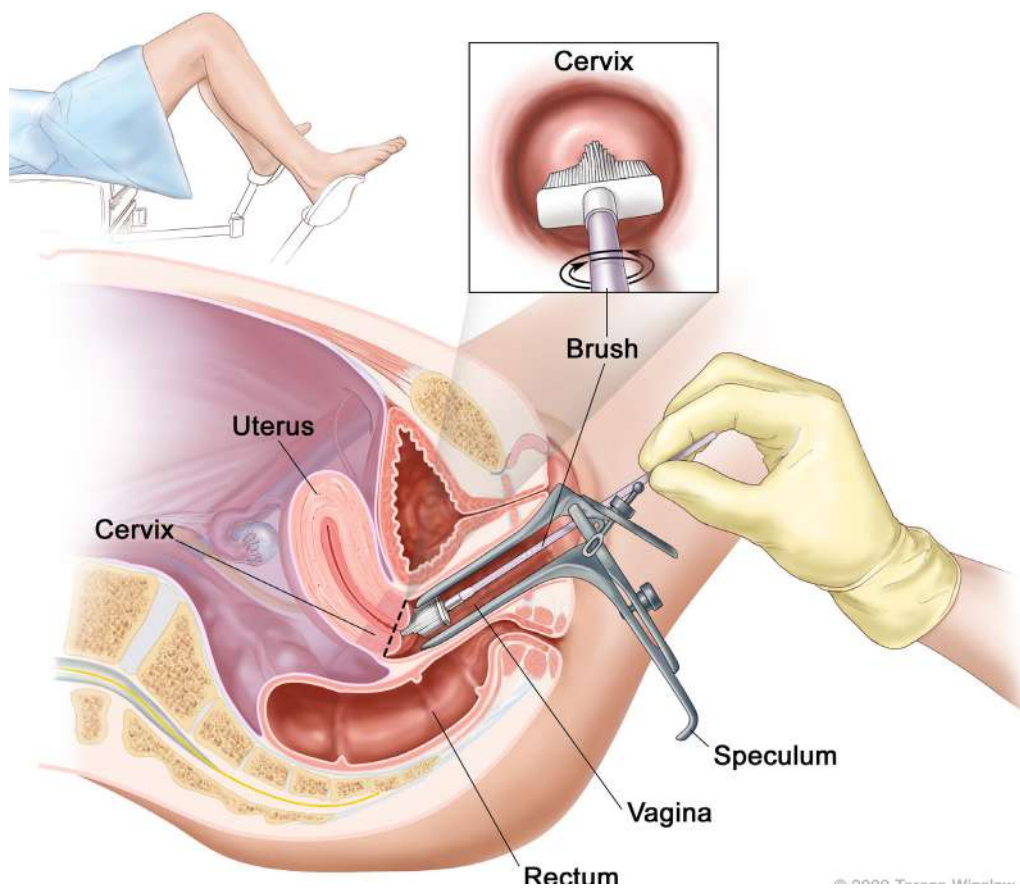
Many people treat their credit card as a source of free money. However, it is one of the most significant habits that push them away from goals. Always remember that;

*“If you can’t buy it with cash, don’t put it on a credit card.”*

If you do unwanted shopping using the credit card, then you can’t pay the bills. However, it will eventually lead towards a broken future. However, it’s best to treat the credit history as it is a debit voucher. So, spend wisely and always know where the money is going. However, it is the best approach if you can keep track of things that you are buying with hard-earned money.

**By: Carine Mbock**

# THE SCREENING SMEAR



A cervico-vaginal smear, which is taken during a gynaecological examination, is a sample of cells from the cervix. Simple and painless, it is a key examination in cervical cancer screening. How is it taken? Are there any risks? Here are a few answers to these questions.

By detecting precancerous cervical cells or looking for viruses with a high risk of cancer, the Pap smear, named after its inventor, can save your life.

This is because the cervix is the most common site of infection. These sexually transmitted infections are usually benign. But in some cases they can progress to cervical cancer if they are not detected and treated.

Where can you get a gynaecological smear?

The smear can be taken by a gynaecologist, by the attending physician or by a midwife, in a doctor's surgery, in hospital

or in a family planning or family education centre. To do this, the woman is placed in a gynaecological position. The doctor inserts a speculum into the vagina which allows the walls of the vagina to be spread apart and the cervix to be clearly visible. Then he removes cells with a spatula or small brush. He spreads them out and dips them into a bottle containing a liquid preservative (a thin layer of liquid smear). The preserved cells are then sent to the laboratory for analysis. The examination is very quick. The sample itself takes only a few seconds. It takes a few minutes (5-10 minutes) to set up the person and place the speculum.

Is it painful?

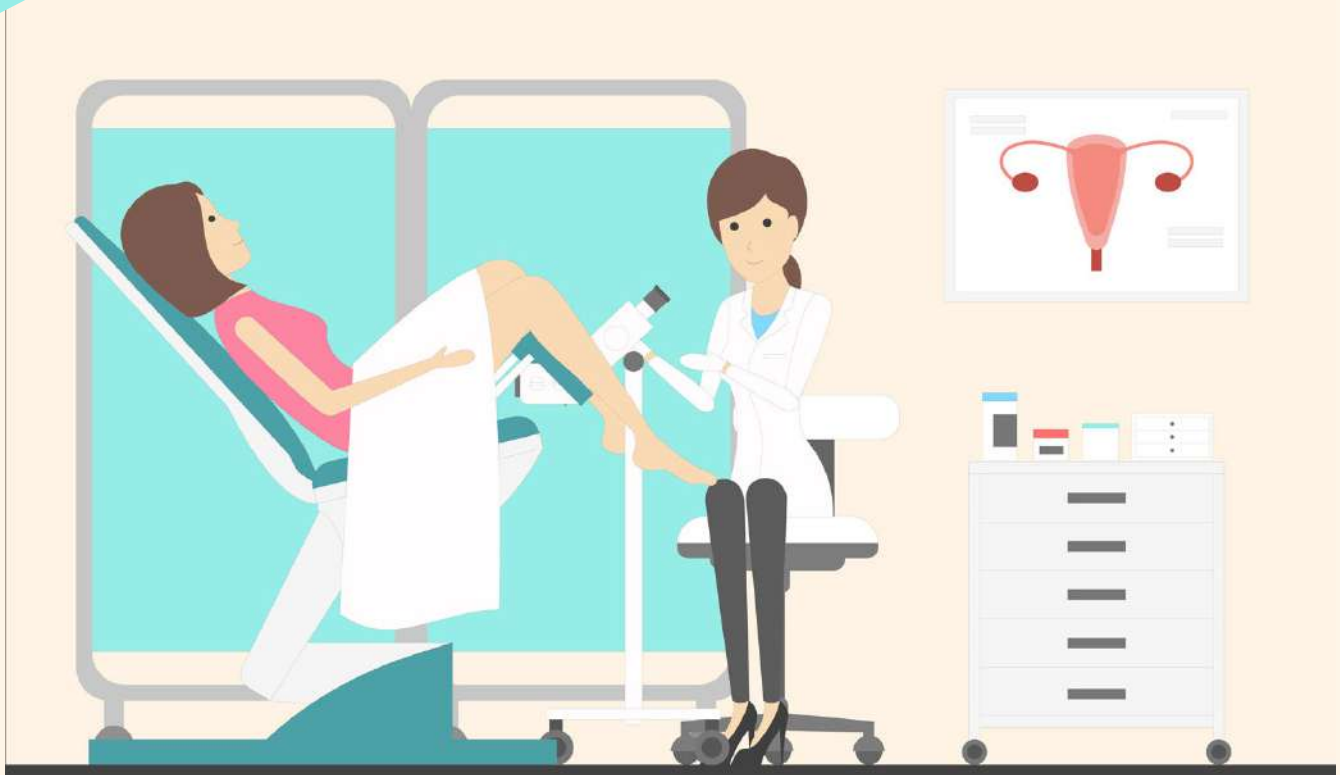
The cervico-vaginal smear is generally painless. It can certainly be unpleasant. The first smear is recommended by the Haute autorité de santé at the age of 25, followed by a second one a year later. It is not useful to start before the age of 20, as it takes about ten years before the first abnormalities appear.

If no abnormalities are found after these two normal smears taken one year apart, the recommended rhythm is one

smear every three years. After the age of 30, the sample is used as the basis for the HPV test, which is now recommended as a first-line test, and no longer for cytological examination. The interval between two HPV tests is 5 years.

For the prevention of our health, it is very important to think about this examination in order to ascertain its condition and to take the necessary measures in time, in case of positive results.

***By Carine Mbock***



# My Story

**“I’M NOT IN LOVE,  
BUT I GOT MARRIED  
TO HIM...”**

The question of marriage and love is very sensitive. And contrary to what we watch on the Tv Novelas, finding love does not always rhyme with successful marriage. So the question you have to ask yourself is whether you should love each other before getting married or afterwards. We have set to provide you with some answers...

## **Must one deeply deeply fall in love before getting married?**

Love is difficult to frame, both in its concept and in its materialisation. It is also difficult to find the right words to define it. What we do know at least is that this feeling is vital for the survival of each couple. And as a result, you often have to love before you get married.

Supporting each other in the most difficult as well as in the most pleasant moments, accepting the other without criticising him or her, supporting the other without necessarily expecting something in return, this is THAT... LOVE. And we all agree that it is difficult to marry a person with whom we do not share all these points. Otherwise, what flavour would a marriage have without the hot peppers of passionate love? It's all well and good to think about that... But it's also important to go further.

## What if we think differently?

Very often - and we can see it - the love we think we feel before marriage ends up fading away little by little, like a breath of wind. And this often happens after marriage. Because there is a gap between life before and after marriage. Indeed the two are completely opposite. Feelings that were present before can grow as well as disappear. It's strange...

Marrying a man or a woman for their values, behaviour and religious beliefs is often the best choice. It is certainly the most certain way to know if we will be able to live with him/her all our lives. Many people discover love in marriage simply because they have loved the person's character and way of life, unlike others who discover the horrors of marriage because they have clung to physical attraction. Be careful not to fall into this trap!

## Finally, each to his own...

To the question: "Can you marry someone you don't love?" opinions differ:

*"I've had that courage lol. Although for me it was more a matter of absolute trust in Allah and my mektoub [spouse], today I feel rewarded. Because I am overflowing with love for my husband and we have a solid and harmonious life as a couple El hamdoulillah "* - Oumi Twins

*"I'd rather never marry, than marry a man I won't love from the bottom of my heart..."* - Zeyd\_1240449

Depending on each individual, one has a more or less precise opinion. It all depends on several factors that only we have control over. Indeed, deep down you know better than anyone else what your best alternative is.

All in all, happiness does not depend on love and love does not ensure happiness. However, it is possible to find happiness and love by getting married, whether it is before or after being in love with someone. The reality is that there is no good answer to the question. Everyone should go for it according to their feelings, and make a personal choice at the end.

Don't hesitate to give your opinion in comments, which we will be happy to read and forward.

**By Carine Mbock**


Inside Africa

# THE TEMPLE OF HARE KRISHNA:

From flower to spirit

**A**frica's cultural and historical richness is also reflected in a plethora of buildings, which is shaped by an architecture that tells n different artistic tones, all the spiritual depth of the continent. One of these architectural masterpieces is the temple of Hare Krishna.





Located in Durban, South Africa, the temple of Hare Krishna is certainly an African monument among many others, but it is above all a monument like no other. Indeed, this strange building which was erected in the locality of Chatsworth, on the outskirts of Durban, is the pride of the Hare Krishna movement, the organizer of its construction. Built at the end of the 20th century by the Austrian architect Hannes Raudner, this temple of prayer, which attracts the most unimaginable glances, has managed to impose itself on the city of Durban through its sumptuousness. The originality of its architecture inspired by a lotus flower expresses a creativity that deserves the attention of the whole world.

The choice of the lotus flower for the shape of the temple is not insignificant. Indeed, in the Eastern religions, in this case Buddhism or Hinduism, the lotus flower is sacred. It thus translates for the temple, the expression of its deep spiritual dimension; and all measures are taken to honor this value. In fact, despite the temple is open to the public, visits are accompanied by a follower. It should be noted that access to the temple requires a detour of about 30 kilometers from the city center, as well as a detailed plan and a minimum sense of direction to find one's way. The discovery of such a marvel is well worth a minimum of challenge!!!

*By Pulcherie Delboise Ngo Nlengui*



# MAJOR EVENTS IN OCTOBER

EVENTEMENT	DATE	LIEU
AFRICA IT AND TELECOM FORUM Leading IT and Telecom event in French-speaking Africa	FROM 1st TO 02/10/2020	ABIDJAN (IVORY COAST)
MEDIC WEST AFRICA Major medical trade fair for West Africa	7th/10/2020	LAGOS (NIGERIA)
ALGER INDUSTRIES International trade fair for industry	FROM 10th TO 13th/10/2020	ALGER (ALGERIA)
ERA International trade fair for renewable energies, clean energies and sustainable development	FROM 19th TO 22/10/2020	ORAN (ALGERIA)
WORLD'S FAIR (25 million visitors expected )	FROM 20th/10/2020 TO 10th/04/2021	DUBAI
NUITS D'AFRIQUE 2020 International festival	FROM 27th/09 TO 31/10/2020	MONTREAL (CANADA)
SIAO Ouagadougou International Handicraft Exhibition	FROM 30th/10/08/2020	OUAGADOUGOU (BURKINA FASO)

WOMEN AHEAD



**INTERVIEW WITH**  
**Fadima Diawara,**  
*designer of the African Smartphone Kunfabo*

**Mbocky Magazine:** How would you present yourself in a few lines?

**Fadima Djawara:** I am Fadima DIAWARA, of Guinean origin. I am the founder of Kunfabo, an African Smartphone brand. *Kunfabo* means “*to be intouch*” in Malinke.

**M.M:** What motivated you to initiate your project ?

**ED :** The African market is flooded with foreign brands that do not represent us at all. These brands are not adapted to the needs of the African consumer. Kunfabo stands out because it is certified by EU standards and is affordable. Its particularity is to accompany the African consumer thanks to the applications it has developed, namely: the geolocation application for hospitals, pharmacies, mouth-watering delicacies, Dikalo which is our African Whatsapp, the mobile payment platform and many other surprises.



# KUNFABO

le smartphone  
à l'Africaine

*The Blog de*  
**SCHAULINDA**



## BECAUSE IT'S YOUR RIGHT Kunfabo F99



**M.M:** What is your philosophy of the entrepreneurial approach?

**F.D :** I don't have a philosophy of my own, but I think that when you have an idea, you have to talk about it and take the plunge.

**M.M:** What do you think is the hardest part in the process of starting up a project like yours?

**F.D :** Not all start-up processes are easy at all. The Start-Up has been a big hindrance in the case of financing.

**M.M:** What channel are you accessible through, if you are solicited for your products and services?

**E.D:** At the moment the smartphone is sold in Guinea Conakry. But we are also working on the website so that we can deliver in the sub-region and later globally. We can be reached by email: [hello@kunfabo.com](mailto:hello@kunfabo.com), or via our website [www.kunfabo.com](http://www.kunfabo.com).

**M.M:** What message of motivation do you wish to convey to women?

**E.D:** Woman, never give up! Even if those around you don't care about your dreams, you have to persevere. AND be passionate in everything you do. If you have an idea, don't wait for the right moment because it is the best way to fail.

**M.M:** Thank you for your availability to answer our questions. See you soon with Kunfado.

**E.D:** Thank you too!





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**IDEA HOW YOU PRESENT  
THE FOOD ON THE TABLE**



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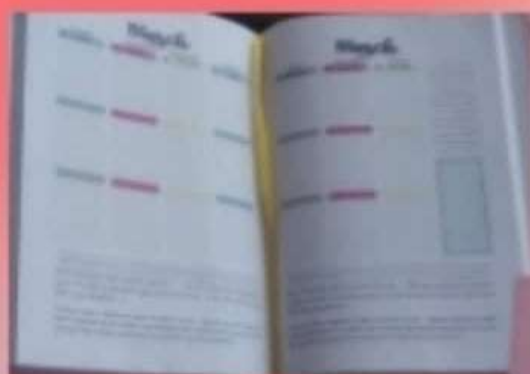
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Le génie de la femme noire

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